

## STYLING <br> YOUR

## SESSION

HEY!
IT'S TIME TO START CONSIDERING WHAT TO WEAR FOR YOUR SESSION!

> YOU WANT TO MAKETHE
> MOST OF YOUR TIME IN
> FRONT OF THE
> CAMERA,SOSKIM
> THROUGH THE
> FOLLOWING PAGESTO
> GET SOME QUICK TIPS
> ABOUTHOW TO SHOW
> YOUR BEST SELF OFF!!
(BUT IN THE END, IT REALLY
COMES DOWN TO WHAT MAKES

$$
\begin{aligned}
& \text { YOU FEEL THE MOST } \\
& \text { COMFORTABLE) }
\end{aligned}
$$

## S T Y L E TIPS

## FOR HER

GET DRESSED UP! NOW IS THE TIME TO ROCK THAT FUNKY DRESS. IF YOU'RE NOT LOOKING AT ADDING A NEW PIECE TO YOUR W ARDROBE, MANY OF MY CLIENTS HAVE USED RENT THE RUNWAY TO FIND BEAUTIFUL P I E C E S .

IF YOU HAVE LITTLE ONES IN THE PICS, I RECOMMEND LONGER DRESSES AS THIS WILL ALLOW YOU TO BETTER BEND DOWN AND INTERACTWITH THEM (EVEN THOUGH COCKTAILDRESSES ARESEXYAND CUTE).

- LULU'S
- URBAN

O U T F I T T ER S

- Z A R A

$$
\begin{gathered}
\text { SAYYES TO } \\
\text { THE DRESS }
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DRESSES \& SKIRTS ARE TIMELESS, BEAUTIFUL, AND FLATTERING.

LONG ONES ALSO CREATE
MOVEMENT FOR THE CAMERA WHICH IS A HUGE PLUS. CHOOSE

ONE WITH SOLID COLORS OR SIMPLE PATTERNS THAT
COMPLIMENTS YOUR FIGURE.


## ONE OR TWO

## O U T F I T S ?

TOTALLY UP TO YOU!
A LOT OF MY CLIENTS BRING ONE ELEGANT "WOW" DRESS AND ANOTHER MORE CASUAL "DATE
NIGHT" DRESS. I LOVE BOTH. BUT YOU SHOULD TOO! IF YOU ONLY HAVE ONE DRESS THAT YOU'RE TOTALLY IN LOVE WITH, DON'T feel pressured to have to BRING TWO!

SOME CLIENTS ALSO OPT TO BRING A PAIR OF PANTS OR A SKIRT AND PAIR IT WITH A COUPLE DIFFERENT TOPS. THIS WORKS WELL TOO. BRING WHATEVER YOU'D LIKE AND I'M MORE THAN HAPPY TO GIVE YOU MY OPINION ON WHAT WOULD LOOK BEST IN FRONT OF THE CAMERA.

## CHOOSING

## COLOR S



I THINK THIS IS THE MOST CRUCIAL ASPECT. CHOOSE COLORS THATWON'T BE DISTRACTINGFOR THE CAMERA AND UNFLATTERING FOR YOU.

## THIS MEANS TRY TO AVOID: NEON COLORS

 B USY P A T TERNS
## GO FOR:

## SOFTER + LIGHTER TONES

 MUTED SHADESEXAMPLE COLOR PALETTE:

- SOFT PINK
- MUTED BLUES
- SOPHISTICATED LIGHT NEUTRALS (HEATHER GREY, CREAMS, LEATHER BROWN, W H I TE )


## FLATTERING

## YOUR FEATURES

IT'S LIKELY YOU MAY FEEL SELFCONSCIOUS ABOUT SOME ASPECT OF YOUR APPEARANCE. CHOOSE CLOTHING THAT MINIMIZES YOUR INSECURITIES ABOUT THESE AREAS.

## SOME QUICK IDEAS:

- QUARTER LENGTH SLEEVES HAVE A SLIMMING EFFECT ON ARMS - SKINNYSTRAPS + STRAPLESS DRESSES HAVE THE OPPOSITE EFFECT
- COATS AND CARDIGANS ARE HANDY TO HAVE ON HAND
- HEELS ELONGATE WOMENS LEGS
- BUT BRING SOME FLATS FOR COMFORT AS WELL
- CLOSE TOED SHOES ARE GOOD BECAUSE THEY DRAW A LINE DOWN THE LEG TO THE TIP OF THE FOOT



## MAKE A

## STATEMENT

LAYERS LOOK GOOD. DETAILS ARE IMPORTANT. NOW'S THE TIME TO PULL OUT ALL THE STOPS.

DETAILS ADD ANOTHER DIMENSION TO YOUR PHOTOGRAPH.
DEFINITELY DON'T OVER-DO IT WITH PIECES, BUT A LITTLE CAN DO A LOT.

SCARVES, BELTS, FLOWER CROWNS (EVEN A BLANKET TO SIT ON) CAN ADD SOMETHING OF INTEREST TO THE PHOTO.

I RECOMMEND YOU DO NOT GET A SPRAY TAN, REGARDLESS IF IT'S DONE BYA PRO. THE CAMERA WILL PROBABLY MAKE YOU COME OFF ORANGE EVEN IF YOU'RE NOT. NATURALIS BETTER.

IF YOU'RE WORRIED ABOUT HAIR AND MAKE-UP, GO PRO! THIS IS YOUR CHANCE TO GO ALL OUT!

## S T Y L E TIPS

## FOR HIM

IN MY EXPERIENCE, WOMEN ARE OFTEN MORE
EXCITED ABOUT THE WHOLE ORDEAL OF GETTING THEIR PHOTOS PROFESSIONALLY TAKEN. BUT JUST REMEMBER GUYS: YES, THIS MIGHT NOT BE TOTALLY UP YOUR ALLEY, BUT IT'S SUPPOSED TO BE FUN AND HIGHLIGHT THE GOOD THINGS ABOUT YOUR LIFE RIGHT NOW.

## TRYTOAVOID:

- PINSTRIPES AND PLAID CAN BE DISTRACTING
- GRAPHICS AND LOGOS CAN ALSO BE D I S T R A C TIN G

GO FOR:

- LONG FITTED PANTS (COLORED DRESS, OR JEANS)
- CLOSE TOED SHOES
- SOLID SHADES OF DARK GREY ARE OFTEN A GOOD COMPLIMENT TO A WOMEN'S OUTFIT


## THE LAYERED

## LOOK

YES. THERE'S A REASON MOST MANNEQUINS IN MEN'S CLOTHING STORES HAVE LAYERS. IT LOOKS GOOD! SO EVEN IF IT MEANS A LITTLE DISCOMFORT, LAYERS CAN REALLY HELP TO BRING AN OUTFIT TOGETHER.

## TO TRY:

- IF YOU ARE DOING PLAID, TRY A SOLID COLOR VEST ON TOP
- A MUTED UNDER-SHIRT COLOR AND A MORE VIBRANT COLLARED JACKET
- A QuARTER ZIP
- A BUTTON DOWN
- A CREW NECK WITH A COLLARED SHIRT UNDERNEATH


# PREPPING <br> <br> THE FAMILY 

 <br> <br> THE FAMILY}

TRY TO AVOID:

- MATCHING THE WHOLE FAMILY IN ONE COLOR


## D O :

- THINK ABOUT "FITTING" YOUR OUTFITS TOGETHER
- BY COLOR SCHEME
- BYCHOOSING ACCENTAND DOMINANT COLORS FOR EACH PERSON
- USE A SOFTER COLOR PALETTE
- SOFT PINKS, MUTED BLUES
- SOPHISTICATED LIGHTS


## FOR THE LITTLE ONES:

- PACK A GO-BAG WITH SNACKS, W ATER, AND SMALL TOYS
- If THEY ARE OLD ENOUGH TO UNDERSTAND WHAT'S GOING ON, TRY TO GIVE THEM A BRIEF EXPLANATION OF WHAT'S TO COME
- PROMISING A SWEET TREAT FOR BEHAVING WELL CAN HELP THE PROCESS GO SMOOTHLY
- IT HELPS TO MAKE SURE THEIR BELLIES ARE FULL AND THAT THEY'RE WELL-RESTED


