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# STYLE GUIDE

REBECA VELIE PHOTOGRAPHY

# STYLING YOUR SESSION

HEY!

IT'S TIME TO START CONSIDERING

WHAT TO WEAR FOR YOUR SESSION!

YOU WANT TO MAKE THE
MOST OF YOUR TIME IN
FRONT OF THE
CAMERA, SO SKIM
THROUGH THE
FOLLOWING PAGES TO
GET SOME QUICK TIPS
ABOUT HOW TO SHOW
YOUR BEST SELF OFF!!

(BUT IN THE END, IT REALLY
COMES DOWN TO WHAT MAKES
YOU FEEL THE MOST
COMFORTABLE)

# STYLE TIPS

### FORHER

GET DRESSED UP! NOW IS THE TIME TO ROCK
THAT FUNKY DRESS. IF YOU'RE NOT LOOKING
AT ADDING A NEW PIECE TO YOUR
WARDROBE, MANY OF MY CLIENTS HAVE
USED RENT THE RUNWAY TO FIND BEAUTIFUL
PIECES.

IF YOU HAVE LITTLE ONES IN THE PICS, I RECOMMEND LONGER DRESSES AS THIS WILL ALLOW YOU TO BETTER BEND DOWN AND INTERACT WITH THEM (EVEN THOUGH COCKTAIL DRESSES ARE SEXY AND CUTE).

#### TOP BRANDS:

- LULU'S
- URBAN
  OUTFITTERS
- ZARA

SAY YES TO THE DRESS

DRESSES & SKIRTS ARE TIMELESS,
BEAUTIFUL, AND FLATTERING.
LONG ONES ALSO CREATE
MOVEMENT FOR THE CAMERA
WHICH IS A HUGE PLUS. CHOOSE
ONE WITH SOLID COLORS OR
SIMPLE PATTERNS THAT
COMPLIMENTS YOUR FIGURE.

# ONE OR TWO

# OUTFITS?

TOTALLY UP TO YOU!

A LOT OF MY CLIENTS BRING ONE
ELEGANT "WOW" DRESS AND
ANOTHER MORE CASUAL "DATE
NIGHT" DRESS. I LOVE BOTH. BUT
YOU SHOULD TOO! IF YOU ONLY
HAVE ONE DRESS THAT YOU'RE
TOTALLY IN LOVE WITH, DON'T
FEEL PRESSURED TO HAVE TO
BRING TWO!

SOME CLIENTS ALSO OPT TO
BRING A PAIR OF PANTS OR A
SKIRT AND PAIR IT WITH A
COUPLE DIFFERENT TOPS. THIS
WORKS WELL TOO. BRING
WHATEVER YOU'D LIKE AND I'M
MORE THAN HAPPY TO GIVE YOU
MY OPINION ON WHAT WOULD
LOOK BEST IN FRONT OF THE
CAMERA.

# CHOOSING COLORS



I THINK THIS IS THE MOST
CRUCIAL ASPECT. CHOOSE COLORS
THAT WON'T BE DISTRACTING FOR
THE CAMERA AND UNFLATTERING
FOR YOU.

### THIS MEANS TRY TO AVOID:

NEON COLORS BUSY PATTERNS

### GO FOR:

SOFTER + LIGHTER TONES

MUTED SHADES

### EXAMPLE COLOR PALETTE:

- SOFT PINK
- MUTED BLUES
- SOPHISTICATED LIGHT

  NEUTRALS (HEATHER GREY,

  CREAMS, LEATHER BROWN,

  WHITE)



# FLATTERING YOUR FEATURES

IT'S LIKELY YOU MAY FEEL SELF-CONSCIOUS ABOUT SOME ASPECT OF YOUR APPEARANCE. CHOOSE CLOTHING THAT MINIMIZES YOUR INSECURITIES ABOUT THESE AREAS.

#### SOME QUICK IDEAS:

- QUARTER LENGTH SLEEVES HAVE A SLIMMING EFFECT ON ARMS
  - SKINNY STRAPS + STRAPLESS
     DRESSES HAVE THE OPPOSITE
     EFFECT
  - COATS AND CARDIGANS AREHANDY TO HAVE ON HAND
- HEELS ELONGATE WOMENS LEGS
  - BUT BRING SOME FLATS FORCOMFORT AS WELL
  - CLOSE TOED SHOES ARE GOOD
     BECAUSE THEY DRAW A LINE
     DOWN THE LEG TO THE TIP OF
     THE FOOT



# MAKE A STATEMENT

LAYERS LOOK GOOD. DETAILS ARE IMPORTANT. NOW'S THE TIME TO PULL OUT ALL THE STOPS.

DETAILS ADD ANOTHER DIMENSION
TO YOUR PHOTOGRAPH.

DEFINITELY DON'T OVER-DO IT
WITH PIECES, BUT A LITTLE CAN
DO A LOT.

SCARVES, BELTS, FLOWER CROWNS
(EVEN A BLANKET TO SIT ON) CAN ADD
SOMETHING OF INTEREST TO THE
PHOTO.

I RECOMMEND YOU DO NOT GET A SPRAY
TAN, REGARDLESS IF IT'S DONE BY A
PRO. THE CAMERA WILL PROBABLY MAKE
YOU COME OFF ORANGE EVEN IF YOU'RE
NOT. NATURAL IS BETTER.

IF YOU'RE WORRIED ABOUT HAIR AND MAKE-UP, GO PRO! THIS IS YOUR CHANCE TO GO ALL OUT!

# STYLE TIPS FOR HIM

IN MY EXPERIENCE, WOMEN ARE OFTEN MORE EXCITED ABOUT THE WHOLE ORDEAL OF GETTING THEIR PHOTOS PROFESSIONALLY TAKEN. BUT JUST REMEMBER GUYS: YES, THIS MIGHT NOT BE TOTALLY UP YOUR ALLEY, BUT IT'S SUPPOSED TO BE FUN AND HIGHLIGHT THE GOOD THINGS ABOUT YOUR LIFE RIGHT NOW.

### TRY TO AVOID:

• PINSTRIPES AND PLAID CAN BE DISTRACTING

• GRAPHICS AND LOGOS CAN ALSO BE DISTRACTING

### GO FOR:

- LONG FITTED PANTS (COLORED, DRESS, OR JEANS)
- CLOSE TOED SHOES
- SOLID SHADES OF DARK GREY
  ARE OFTEN A GOOD
  COMPLIMENT TO A WOMEN'S
  OUTFIT

# THE LAYERED

## LOOK

YES. THERE'S A REASON MOST MANNEQUINS IN MEN'S CLOTHING STORES HAVE LAYERS. IT LOOKS GOOD! SO EVEN IF IT MEANS A LITTLE DISCOMFORT, LAYERS CAN REALLY HELP TO BRING AN OUTFIT TOGETHER.

### TO TRY:

- IF YOU ARE DOING PLAID, TRY A SOLID COLOR VEST ON TOP
- A MUTED UNDER-SHIRT COLOR AND A MORE VIBRANT COLLARED JACKET
- A QUARTER ZIP
- A BUTTON DOWN

• A CREW NECK WITH A COLLARED SHIRT UNDERNEATH



# PREPPING THE FAMILY

### TRY TO AVOID:

• MATCHING THE WHOLE FAMILY IN ONE COLOR

#### DO:

- THINK ABOUT "FITTING" YOUR OUTFITS TOGETHER
  - OBY COLOR SCHEME
  - BY CHOOSING ACCENT AND DOMINANT COLORS FOR EACH PERSON
- USE A SOFTER COLOR PALETTE
  - OSOFT PINKS, MUTED BLUES
  - O SOPHISTICATED LIGHTS

### FOR THE LITTLE ONES:

- PACK A GO-BAG WITH SNACKS, WATER, AND SMALL TOYS
- IF THEY ARE OLD ENOUGH TO UNDERSTAND WHAT'S GOING ON, TRY TO GIVE THEM A BRIEF EXPLANATION OF WHAT'S TO COME
- PROMISING A SWEET TREAT FOR BEHAVING WELL CAN HELP THE PROCESS GO SMOOTHLY
- IT HELPS TO MAKE SURE THEIR BELLIES ARE FULL AND THAT THEY'RE WELL-RESTED

